

# Connect

## Informing communities about cyber safety, bullying and the impact of violence

With technology and its associated risks continually evolving, it's hard for teachers, students and parents to stay up to date with relevant information and guidance.

Using the expertise from our world-leading programs, Connect provides a range of informative workshops related to cyber safety, bullying and wellbeing, including social and emotional learning, valuing difference, building resilience and respectful relationships.

Sessions run for 60 minutes and are predominantly held in schools, community organisations and businesses for teachers, students and parents.

### Current topics include:

- **Be cyber smart with Buddy**  
Provides younger students with strategies on how to navigate their ever-growing online world safely.
- **The 3 Cs**  
An overview of key cyber safety topics and protective factors for primary school students. The 3 Cs – Contact, Conduct and Content – ensure consistent approaches to keeping safe online.
- **The 3 Rs to online etiquette**  
An overview of key cyber safety topics and protective factors for lower to middle secondary school students. The 3 Rs – Reputation, Respect and Restraint – ensure consistent approaches to keeping safe online.
- **Share this: sexting and image-based abuse**  
Looks at sexting and image-based abuse in

a new way by encouraging students to discuss what it means to be in a respectful relationship and reflect on issues of consent.

- **Parenting in the digital world: strategies to help**  
Includes information on risks and opportunities afforded by technology for young people, with tips on how to stay safe.
- **Risk and response: cyber safety and bullying**  
A workshop for teachers, this covers risks and incident responses for current cyber trends (including cyber bullying, sexting, impersonation/hacking and trolling/flaming, as well as bullying in the offline world), current research and helpful strategies to use. It provides understanding of bullying behaviour, how to recognise it and strategies for prevention and management.

The Alannah & Madeline Foundation has dedicated Connect facilitators working across Australia to deliver these workshops.

**More than 60,000 people have attended a Connect workshop to date. Connect is a Certified Online Safety Program Provider of the Office of the eSafety Commissioner.**

Contact us to arrange a workshop in your school, business or community organisation.